



# Success Together

Your Kids Have You  
You Have Us

Register Online

[tinyurl.com/  
musdWASHINGTON](https://tinyurl.com/musdWASHINGTON)

or Text

"Washington" to  
833-224-8208

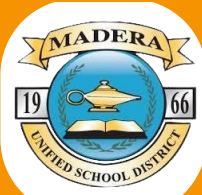
MUSD Call Center:  
559-416-5879



In partnership  
with Washington  
Elementary &  
Madera Unified



PRC PARENT RESOURCE CENTER  
CENTRO DE RECURSOS PARA PADRES



# Washington Elementary Families: Join us for **FREE & FUN** classes this spring!

Our mission is to be the support parents need to help the next generation succeed. We achieve this by offering engaging classes that are designed to fit your lifestyle.

**When:** Wednesday Mornings  
March 8, 15, 22, 29

**Time:** 8:30am - 9:45am

**Language:** English & Spanish

**Where:** Washington Elem.  
Cafeteria

**FREE:** Breakfast & childcare  
with preregistration



**Wednesday  
March 8th**



## Social Media & Texting: Real Guidance for Families

Tips and best practices to help your family navigate the benefits and risks of today's technology, including ways to stay safe from cyberbullying.

**Wednesday  
March 15th**



## Teaching Independence & Personal Responsibility

Learn practical and age-appropriate methods to teach children skills like communication and how to help out around the home, that will help them develop into independent and responsible adults.

**Wednesday  
March 22nd**



## Healthy Boundaries for Healthy Families

Tools to help your family honor and respect personal needs and build healthy relationships.

**Wednesday  
March 29th**



## Raising Healthy Kids in a Digital World

Simple ways parents can help kids eat healthy foods, move more, and spend less time on screens without power struggles or arguments.